

February 2020

Dear Parents,

Here are some updates on wellbing in Beecroft Primary School.

<u>Wellbeing Day:</u> The next Wellbeing Day is scheduled for Friday 28thth February. Children in each class have had the opportunity to submit their suggestion for Wellbeing Day. The top choices, as voted for by each class and then school council, were:

1st- football on the field

2nd- Allocated time on the adventure playground.

Fairtrade Fortnight: Beecroft takes part in Fairtrade Fortnight after half term from 24th February- 8th March. This year, we will be having a 'bar and a badge' tuck shop on each Friday. Children can bring in 1.50 and will receive a healthy snack bar and a Fairtrade badge to show they took part.

<u>Safer Internet Day:</u> Beecroft celebrated Safer Internet Day with a special assembly hosted by our local PCSO officers. Alarmingly, many children raised their hands to say they were playing on games too old for them! Please take the time to think about online usage at home. We have sent home information to support conversations about the internet and its safe use.

<u>Worry Box</u>: Each class has a worry box – things to discuss if we are worried. Children are encouraged to discuss their worries with their parents and their teachers. Classes schedule time to talk about this each week.

Suggestion Box: This is led by the school council on how we can improve our school. Their suggestions are then passed on to the relevant people to see what we can change.

The key to our school is constant discussion at individual, classroom and whole school level so that our pupils live in a culture of respect, support and friendliness to one another.

Our wellbeing governors are:

Mrs Pat Gradys (Vice-chair)

Mrs Sarah Lord (parent governor)

Mental Health Lead: Miss S Smyth

Thanks for your continued support.

Yours sincerely,

S.Smyth

Mental Health Lead