

EYFS Timetable Home Learning

Example of how to structure your day:

Before 9am	Wake up	<ul style="list-style-type: none"> • Have breakfast • Get dressed by yourself • Brush your teeth • Make your bed • Tidy your room
9-9.30am	Exercise Time	<ul style="list-style-type: none"> • Outdoor or indoor exercise. • Search- Joe Wicks on Youtube.
9.30-10.30am	Phonics, Reading and Writing	<ul style="list-style-type: none"> • Complete work on the home learning zone daily timetable – Phonics and Literacy • Further lessons available on 'Oak National Academy' online • Extra phonics activities in the home learning pack
10.30-11pm	Fresh Air	<ul style="list-style-type: none"> • Outdoor play or exercise indoors
11-12pm	Creative Time	<ul style="list-style-type: none"> • Lego • Drawing/painting/colouring/craft • Singing, music • Baking • See also practical ideas in the home learning pack
12-1pm	Lunch/Relax	<ul style="list-style-type: none"> • Can you help your parents make your lunch?
1-2pm	Maths	<ul style="list-style-type: none"> • Complete maths work on the home learning zone daily timetable • Further lessons available on 'Oak National Academy' online • Extra maths activities in home learning pack
2-2.30pm	Reading time	<ul style="list-style-type: none"> • School book and practising reading high frequency words
2.30-3-30pm	Electronics Time	<ul style="list-style-type: none"> • Supervised educational games/apps- see list of websites and apps in your packs.
3.30-4.30pm	Quiet Time	<ul style="list-style-type: none"> • Relax with a book • Play a board game/complete a jigsaw